

Allerlaatste kans: Session: 1: COACH Evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Schepers JÃ©rÃ©me

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:1, starttime:	
Heat: 1/7 Lane : 4 Athlete: VANDERSTRAETEN HELENA							Q-time: 03:47:04	
PB (25m pool): 03:47.04 Eeklo 21/04/2025							PB (50m pool): 03:43.86 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.03		no time		no time		03:47.04
	00:54.03							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:5, starttime:	
Heat: 5/7 Lane : 8 Athlete: VANDER MIJNSBRUGGE LORE							Q-time: 02:53:29	
PB (25m pool): 02:53.29 Eeklo 21/04/2025							PB (50m pool): 02:54.31 SB: 02:56.52 T ROSCO 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.18		no time		no time		02:53.29
	00:39.18							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:6, starttime:	
Heat: 6/7 Lane : 6 Athlete: VAN DE WINKEL LOLA							Q-time: 02:41:98	
PB (25m pool): 02:41.98 T ROSCO 12/10/2025							PB (50m pool): 02:45.03 SB: 02:41.98 T ROSCO 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.36		01:17.82		02:04.68		02:41.98
	00:35.36		00:42.46		00:46.86		00:37.30	
								

Coach feedback:

Allerlaatste kans:
 Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime:	
Heat: 2/5 Lane : 8 Athlete: SCHEPERS RUBEN							Q-time: 03:04:08	
PB (25m pool): 03:06.26 Eeklo 21/04/2025				PB (50m pool): 03:04.08 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.47		no time		no time		03:06.26
	00:41.47							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime:	
Heat: 3/5 Lane : 7 Athlete: LUYPAERT EDEN							Q-time: 02:45:81	
PB (25m pool): 02:45.81 Aartselaar 01/11/2025				PB (50m pool): 02:48.81 SB: 02:45.81 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.96		no time		no time		02:45.81
	00:33.96							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:4, starttime:	
Heat: 4/5 Lane : 1 Athlete: BOONE FELIX							Q-time: 02:38:39	
PB (25m pool): 02:38.39 TEMSE 18/05/2025				PB (50m pool): 02:45.55 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.56		01:15.21		02:02.78		02:38.39
	00:35.56		00:39.65		00:47.57		00:35.61	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MIXED 10-9						Heat:1, starttime:	
Heat: 1/2 Lane : 4 Athlete: HUYLEBROECK JANNE					Q-time: 02:09:73		
PB (25m pool): 02:09.73 Zottegem 09/03/2025				PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		01:04.27		02:09.73			
	01:04.27		01:05.46				
							

Coach feedback:

Allerlaatste kans:
 Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime:
Heat: 2/6 Lane : 3 Athlete: HEYLEN ROOS					Q-time: 01:45:49
PB (25m pool): 01:45.49 Lokeren 28/09/2025					PB (50m pool): 01:46.37 SB: 01:45.49 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.57		01:45.49	
	00:49.57		00:55.92		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime:
Heat: 4/6 Lane : 1 Athlete: BELMANS MARGAUX					Q-time: 01:36:50
PB (25m pool): 01:36.50 Dendermonde. 22/11/2025					PB (50m pool): 01:46.02 SB: 01:36.50 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.46		01:36.50	
	00:44.46		00:52.04		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime:
Heat: 5/6 Lane : 8 Athlete: DEN TANDT AMBER					Q-time: 01:29:95
PB (25m pool): 01:29.95 Aartselaar 01/11/2025					PB (50m pool): 01:42.52 SB: 01:29.95 Aartselaar 01/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.08		01:29.95	
	00:42.08		00:47.87		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime:
Heat: 6/6 Lane : 1 Athlete: VAN DE WINKEL LOLA					Q-time: 01:23:64
PB (25m pool): 01:23.64 Lokeren 28/09/2025					PB (50m pool): 01:25.38 SB: 01:23.64 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.18		01:23.64	
	00:40.18		00:43.46		
					

Coach feedback:

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Event number: 7: 200M FREESTYLE WOMEN 11+							Heat:4, starttime:	
Heat: 4/4 Lane : 1 Athlete: VAN DE WINKEL LOLA							Q-time: 02:22:99	
PB (25m pool): 02:22.99 TEMSE 23/11/2025				PB (50m pool): 02:32.36 SB: 02:22.99 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.46		01:10.30		01:47.53		02:22.99
	00:33.46		00:36.84		00:37.23		00:35.46	
								

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+							Heat:3, starttime:	
Heat: 3/4 Lane : 2 Athlete: LUYPAERT EDEN							Q-time: 02:24:14	
PB (25m pool): 02:24.14 Dendermonde. 22/11/2025				PB (50m pool): 02:33.67 SB: 02:24.14 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.82		01:11.00		no time		02:24.14
	00:33.82		00:37.18					
								

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+							Heat:3, starttime:	
Heat: 3/4 Lane : 3 Athlete: BOONE FELIX							Q-time: 02:17:46	
PB (25m pool): 02:17.46 Eeklo 21/04/2025				PB (50m pool): 02:23.51 SB: 02:17.86 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.78		01:06.93		no time		02:17.46
	00:31.78		00:35.15					
								

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+						Heat:1, starttime:	
Heat: 1/4 Lane : 3 Athlete: VANDERSTRAETEN HELENA						Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

Allerlaatste kans:
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Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime:
Heat: 2/4 Lane : 8 Athlete: HEYLEN ROOS					Q-time: 01:38:61
PB (25m pool): 01:38.61 Sinbad 05/10/2025					PB (50m pool): no time SB: 01:38.61 Sinbad 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.48		01:38.61	
	00:46.48		00:52.13		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime:
Heat: 3/4 Lane : 7 Athlete: VANDER MIJNSBRUGGE LORE					Q-time: 01:20:73
PB (25m pool): 01:20.73 TEMSE 18/05/2025					PB (50m pool): 01:24.19 SB: 01:24.44 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.98		01:20.73	
	00:36.98		00:43.75		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime:
Heat: 4/4 Lane : 1 Athlete: DEN TANDT AMBER					Q-time: 01:17:03
PB (25m pool): 01:17.03 Sinbad 26/05/2024					PB (50m pool): 01:20.14 SB: 01:20.57 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.03	
	no time				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime:
Heat: 4/4 Lane : 4 Athlete: CORNELIS ENID					Q-time: 01:10:15
PB (25m pool): 01:09.02 Verbauwenbad 18/04/2022					PB (50m pool): no time SB: 01:11.21 Lokeren 27/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.02	
	no time				
					

Coach feedback:

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Session: 1: COACH Evaluation sheet for TEAM: AZL

Event number: 10: 100M BUTTERFLY MEN 11+					Heat:2, starttime:
Heat: 2/4 Lane : 2 Athlete: SCHEPERS RUBEN					Q-time: 01:24:54
PB (25m pool): 01:24.54 Sinbad 05/10/2025					PB (50m pool): 01:26.31 SB: 01:24.54 Sinbad 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.80		01:24.54	
	00:36.80		00:47.74		
					

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:3, starttime:	
Heat: 3/3 Lane : 8 Athlete: BOONE FELIX							Q-time: 02:40:82	
PB (25m pool): 02:40.82 Aartselaar 01/11/2025				PB (50m pool): 02:54.86 SB: 02:40.82 Aartselaar 01/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.56		01:18.32		no time		02:40.82
	00:37.56		00:40.76					
								

Coach feedback: